

OF AID TO HOSTESS

SUGGESTIONS FOR NOVEL AND PLEASING ENTERTAINMENTS.

A Nut Party May Be Made Very Amusing—At a Reunion a Scotch-English Luncheon Served—Old-Fashioned Party.

A Nut Party.
If your invitations can be delivered by personal messenger they may be written on a narrow strip of paper, inclosed in a walnut shell, tied with ribbon, and thus used to notify your guests of the "Nut Party."

When all have arrived pass papers with "nuts to crack" written on them and give 20 minutes to guess the following questions:

- 1.—What nut is a beverage?
- 2.—What nut would be of use in the dark?
- 3.—What nut is a vegetable?
- 4.—What nut grows on the feet?
- 5.—What nut is part of the house?
- 6.—What nut is a country?
- 7.—What nut suggests a foe?
- 8.—What nut is a girl's name?
- 9.—What nut is an animal?
- 10.—What nut begins a Mother Goose rhyme?
- 11.—What nut combines two abbreviations of boys' names?

KEY.

1. Coconut; 2. Candle nut; 3. Peanut; 4. Acorn; 5. Walnut; 6. Brazil nut; 7. Hazelnut; 8. Nutmeg; 9. Pig-nut; 10. Hickory nut; 11. Filbert (Philbert).

For a prize to the one guessing the most give a box of nut candy; to the one having the least give a coconut. Next, seat the guests four at a table. In the center of each table have a pile of peanuts and a pair of candy tongs for each person. Have some nuts shelled, some gilded and some undecorated, just plain nuts. The gilded nuts count ten, the silver five and the plain ones score only one.

Keep the tally by putting hazelnuts or acorns into a little silken bag. Progress until all have changed tables. Prizes may be awarded for the highest and lowest scores. Then you may have a nut hunt by hiding nuts of all varieties in all sorts of places. Hunt in couples and in 20 minutes call time and pour the spoils into a large bowl, then allow one guess to each person to divine how many nuts are in the bowl, appoint some one to count and some trifling scavenger may be given to the one coming nearest the number.

For refreshments serve nut sandwiches, nut, apple and grape salad, salted nuts, nut candy and a delicious concoction made by cutting blanched almonds, candied cherries, and marshmallows into bits combining with sweetened and flavored whipped cream. Chill thoroughly and serve in sherbet glasses with candied cherries and three blanched almonds on top. Cocoa and coffee are the beverages unless one prefers grape juice or cider.

Reunions.

A party of ladies, who had been abroad together, decided to hold reunions at certain intervals and so continue the friendship made "on board ship," or "on the continent," or "in London," as the case might be. The first affair was called a Scotch-English luncheon and the hostess had sent direct from Tüversen a quantity of heather, which came in perfect condition. It was used at each place tied with lavender ribbon. Instead of place cards with names each bore some joke or pertinent reminder of the journey.

Individual mutton pies, Scotch oat cakes, orange marmalade, curds and whey and delicious English muffins toasted were served. For amusement the hostess had pinned on the wall, placed on the table and mantel, pictures of churches, famous paintings, public buildings and portraits of noted personages seen while in Europe.

A prize was given to the one guessing the most. Most of the pictures were souvenir postals which have reached a high degree of artistic perfection. The very finest are made in Germany.

An Old-Fashioned Party.

Invite the guests to come arrayed in the most ancient gowns they possess or can borrow. Even the men ought to be able to bring forth a dress coat of old-time cut. Then arrange a programme of songs in favor, say, 50 years ago. Serve tea, coffee, hot baking powder biscuit, cold pressed chicken, boiled ham sliced, pickles and cup custard with sponge cake and hot gingerbread, stick candy and apples.—Madame Merri.

For Freckles.

Lemon juice applied at night will sometimes remove them. If they are very obstinate a little peroxide of hydrogen, one part to two of water, may be dabbed on now and then. An old-fashioned remedy, the virtue of which has been proved, is buttermilk. Freckles have been cured by a good healthy coat of tan, but a face that freckles seldom gets sunburnt. For use on the skin in summer there is nothing superior to almond cream. It keeps both face and hands in perfect condition, particularly in places where the water is hard or contains iron. And for those who play golf, tennis, or do any rowing it will prevent the formation of blisters and hangnails.

Mutton Tallow the Best.

Mutton tallow is after all the most powerful and medicinal face cream that exists. If you cannot endure it straight, melt a piece of it in a kettle with a little almond oil and rose water. When thoroughly melted beat it until cold. Nothing better has ever been manufactured.

CHARMING TEA JACKET.

A Negligee May Be Made of Few Yards of Silk and Lace Picked Up as Remnants.

This dainty jacket is of cream soft silk; it fits to the waist like a blouse, with very short basque at the sides and back; but the front hangs full in a deep point over the front of skirt, it is



NOTE NEGLIGENCE

edged with lace, and two straps of lace insertion are carried up the front.

The loose cape-like sleeves form a point at the back of the arm; they are edged with a frill of lace, and have a band of insertion above.

The deep turn-over collar is trimmed like the sleeves; it is fastened under a bow at the throat.

Materials required: five yards silk 22 inches wide, six yards insertion, one dozen yards lace.

WRINKLE DON'TS.

Don't speak with all the muscles of the face. It is very charming and captivating to be deeply, deeply in earnest, but facial grimaces form creases which in time will become wrinkles.

Don't worry, but if worry you must, keep the forehead smooth—don't wrinkle it. Worry is called the American national disease and Americanitis is its distinctive name. The women of the orient are wiser—they never worry.

Don't worry and don't fret are the most healthful of maxims.

Don't wear tight shoes; they make a young face look old, drawn and wrinkled in a few hours.

Don't go too long without food. Hunger gives a strained look to the face, too. Now and then if one is fatigued a bite between meals will invigorate the whole system and give relaxation and repose to strained muscles and nerves.

Don't go to bed late at night and rise at daybreak and imagine that every hour taken from sleep is an hour gained.

Don't let insomnia get the upper hand. By all means in your power try to break up the habit; sleeplessness is sometimes caused by unconscious hunger, and a cup of water or hot milk or a biscuit will induce sleep. Go to bed later—some people need but six hours rest.

Don't start nervously if a child makes a noise or breaks a dish—keep your wits for broken bones.

Don't put too much of yourself into the ordering of the household, or the management of servants, or the care of the ornaments. Let the ornaments of the house be the friends who frequent it.

Don't give unnecessary time to a certain established routine of house-keeping when it could be much more profitably spent in rest or recreation.

Don't always be doing something, having intermittent attacks of idleness. To understand how to relax is to understand how to strengthen the nerves and to retain youth.

Don't forget that the woman who smiles rather than frowns will have a skin more free from wrinkles than the woman who knits her brow.

Don't believe that there is any superlative virtue in being ugly, or that it is so very frivolous to coquette that a man shall always remain in love with his wife.

Go to Bed Warm.

"Never go to bed chilly," warned a physician. "There is always hot water to drink when everything else fails and that will do the work of warming up the stomach and sending a glow through the whole body. You can do better than plain hot water; keep a small bottle of capsicum at hand, and eight or ten drops of that in a cupful of sweetened hot water makes an admirable nightcap. More than that quantity would be unpalatable hot for most tastes. Hot milk is an ideal bedtime beverage, and so is malted milk, beef tea or cocoa. Many a woman finds that something warm in the stomach means a good night's rest and it would be the acme of silliness to neglect it."

P. P. C. Cards.

A woman leaving town for the season may send a card to each of her friends with the letters P. P. C. written in one of the lower corners. This shows that she expects to be away for some time, and that although she is unable to make a farewell call she has not forgotten her friends.

When Sunburned.

If badly burned apply a little lime water and sweet oil. Let it remain until the skin stops smarting.

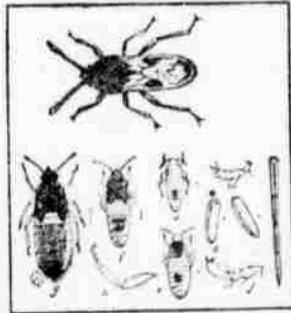
AGRICULTURAL HINTS.

THE CHINCH BUG PEST.

Insect Which Causes Great Loss to the Farmer—How to Capture and Destroy It.

There is perhaps no insect that the grain farmer considers more of an enemy than the chinch bug. Its depredations, amounting as they do to an annual loss of \$60,000,000 in the United States, are well known, and as many as 12 bushels of the insects are said to have been obtained from a 49-acre corn field in Illinois at one time. It is in these states of the middle west that the pest is especially destructive, though it is common enough in all states east of the Rocky mountains and is occasionally found in the states on the Pacific slope in restricted areas.

The chinch bug at full size is only one-seventh of an inch in length, black in color with white wings, which it seldom uses, containing a black spot



THE CHINCH BUG IN VARIOUS STAGES.

on each outer edge. When first hatched from the minute oval eggs, the young bug is yellow, but it gradually changes to red and then to black as its growth proceeds. At all stages it is accompanied by a rank disagreeable odor. In the first warm days of spring the adult bug comes forth from the grass roots, stubble or rubbish where it has hibernated and deposits its eggs on the roots of wheat or other plant. Here the eggs are hatched and the depredations then begin.

When the wheat is harvested the bugs make for the nearest oat or corn field, where they continue their work of destruction until autumn, when they return to wheat again. The accompanying cut, after Hillyer, shows the insect in all stages of adult life: a, b, eggs magnified and natural size; c, young nymph; e, second stage of nymph; f, third stage; g, full grown nymph; d, h, j, less; i, break through which food is taken; small lines show natural size.

There have been many methods of prevention and cure suggested and experimented with, among others that of distributing white fungus disease, several of the experiment stations having supplies of diseased chinch bugs which they distribute free among farmers for this purpose. But this means has not been found very efficient and the most practical plan seems to be that of plowing a strip around the field to be protected, thoroughly pulverizing the soil thus turned up, and making a deep furrow in this soil with the steeper side toward the field not infested. The insects when they endeavor to migrate from one field to another will fall into this furrow and if the ground is sufficiently pulverized they will be unable to get out. If the day is hot the heat of the sun will kill them or a smooth log dragged up and down the furrow several times will answer the same purpose.

Another plan, suggested by the Prairie Farmer, and which has been tried with great success, is that of spreading a line of coal tar in front of the field of march and digging post holes along this every few feet. The bugs when they reach the coal tar barrier will turn off and follow it until they fall into the holes, where they may be easily killed. Care must be taken in doing this that no straws, leaves of grass or other bodies form bridges over the coal tar, else the insects will cross over and your labor will have been in vain. Ten per cent. kerosene emulsion may be sprayed on the bugs when they are on corn stalks with good effect. The wisest plan, however, is to burn over all fields of stubble and grass which are suspected of being infested in the spring and by this means prevent their making any raids whatever.

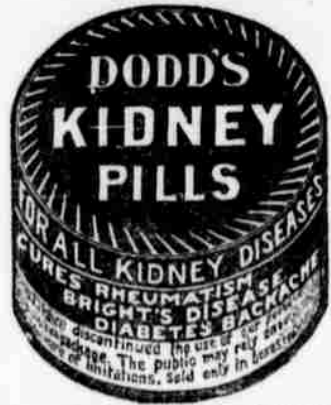
Getting Profit Out of Veal.

By the most careful feeding for veal, but one pound of live weight can be made from one pound to one and a quarter pounds of dry matter. To put better fat, worth 15 to 25 cents per pound, into veal worth six to eight cents per pound live weight, is wasteful, and poverty is the result. Fine veals are made from the same milk which goes to the creamery, by using flaxseed jelly in the skim milk. Let's learn how to do it.—Farm Journal.

Possibilities in Poultry.

We have not yet begun to realize the immense possibilities in the development of our flocks of poultry. The average production of eggs per hen in the United States is very low. It is being increased by those that give attention to doing this. What is being done successfully by the few should be attempted by the many.

It's the under part of a hen's body that has no protection. All wet soaks in and chills the hen, thus causing most ailments.



PEOPLE IN PASSING.

Miss Caroline Marcel of Seattle, Spain, who is one of the best known women in that country, is in America in the interest of the International Institute League.

Mrs. Nansen, the wife of the explorer, is a singer of note. Her father was a zoologist, her mother a sister of the Norwegian poet Welhaven, and her brother, Ernest Save, is a professor of history in the University of Christiania.

Walter Wellman, the newspaper correspondent who says he will try to get to the north pole with an airship, broke his leg in one of his dashes to the pole. He fell into a crevice in the ice and has limped painfully ever since.

Ernst Leisler, a composer on the Tribune, a German paper of Leavenworth, Kan., claims to be the oldest printer in point of continuous service in the country. He began to learn the trade in Tarnstok, Germany, 65 years ago and has hardly missed a working day since. Mr. Leisler has been in this country 52 years.

William Weldman Landis, A. M., professor of mathematics in Dickinson college, Carlisle, Pa., has been admitted to membership in the mathematical circle of Palermo, Italy, in recognition of his attainments in the science of mathematics. It is the most exclusive society of its kind in the world, and its membership numbers 400.

The smallest and among the most efficient constables in Indiana is James H. Vincent of Boonville, who on a pinch can stretch himself to four feet six inches, his weight being 38 pounds and his age 41 years. On more than one occasion he has shown himself to be possessed of iron nerve. During his career as constable he has made over 300 arrests and has only been knocked down once.

Ray Dart, a student at the University of Minnesota, has been blind for years, but pursues his studies by proxy, doing his writing on a typewriter whose keyboard he has mastered. His father is State Senator Dart of Litchfield. The young man does not carry a cane, yet he walks alone with freedom. He is a clever pianist, an expert oarsman and takes much delight in fishing.

Strangers Now.

Clara—He says my singing is superior to that of any girl he knows.

Maude—Poor fellow! It's a pity he is unable to extend his acquaintance.—Chicago Daily News.



SICK HEADACHE

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Bile, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. PURELY VEGETABLE.

SMALL PILL. SMALL DOSE. SMALL PRICE.

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W. L. DOUGLAS MAKES & SELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD.

\$10,000 REWARD to anyone who can improve this statement.

It could take you into my three large factories at Brockton, Mass., and show you the intimate care with which every pair of shoes is made. You would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoe.

W. L. Douglas Strong Made Shoes for Men, \$3.50, \$2.00, Boys' School & Dress Shoes, \$2.50, \$2.15, \$1.50. CAUTION.—Beware of cheap imitations. Buy only shoes with W. L. Douglas name and price stamped on bottom. Fast Color Eyelets used; they will not wear away. Write for Illustrated Catalog.

W. L. DOUGLAS, Brockton, Mass.

RELIGIOUS REPORT

Prof. John L. Nielson of Nasar theological seminary, Heron, O., has compiled a volume of selected sermons by John Wesley, to which is added an illuminating biographical sketch of the founder of Methodism.

Methodists of this country have undertaken the task of raising \$250,000 for an India jubilee. Bishop Thoburn is chairman of the committee on the fund, and will go to India to take part in the celebration, which is to be held at Bareilly.

A children's branch of the North India Bible society has been formed. Its contributions in 1904 paid for printing 16,000 copies of the Gospel of John. Every child now has an intense interest in the fruit of circulating those little gospels.

After only a little more than a generation in our neighboring republic, Mexico, not far from 25,000 have been gathered into the mission churches, mainly those nurtured by the Presbyterians, north and south, Methodists, north and south, and the American board.

John C. Martin, a successful coal operator turned philanthropist, has established departments for the training of colored men as ministers in no fewer than 11 small colleges of the south. Young men are instructed in Bible truths simply, Mr. Martin having no special denominational bias to favor.

Archbishop Farley has made application to Rome for a priest able to speak the Chinese language, who will look after the spiritual welfare of the Catholic Chinese of New York. It is only a year ago that five Chinese merchants of Chinatown were baptized on the same afternoon at the Paulist's church.

The Coffee Debate.

The published statements of a number of coffee importers and roasters indicate a "waspy" feeling towards us, for daring to say that coffee is harmful to a percentage of the people.

A frank public discussion of the subject is quite agreeable to us and can certainly do no harm; on the contrary, when all the facts on both sides of any question are spread before the people they can thereupon decide and act intelligently.

Give the people plain facts and they will take care of themselves.

We demand facts in this coffee discussion and propose to see that the facts are brought clearly before the people.

A number of coffee importers and roasters have joined a movement to boom coffee and stop the use of Postum Food Coffee and in their newspaper statements undertake to decry by false assertions.

Their first is that coffee is not harmful.

We assert that one in every three coffee users has some form of incipient or chronic disease; realize for one moment what a terrible menace to a nation of civilized people when one kind of beverage cripples the energies and health of one-third the people who use it.

We make the assertion advisedly and suggest that the reader secure his own proof by personal inquiry among coffee users.

Ask your coffee drinking friends if they keep free from any sort of aches and ails. You will be startled at the percentage and will very naturally seek to place the cause of disorder on something aside from coffee, whether food, inherited tendencies or something else.

Go deeper in your search for facts. If your friend admits occasional neuralgia, rheumatism, heart weakness, stomach or bowel trouble, kidney complaint, weak eyes, or approaching nervous prostration induce him or her to make the experiment of leaving off coffee for 10 days and using Postum Food Coffee, and observe the result. It will startle you and give your friend something to

think of. Of course, if the person is one of the weak ones and says "I can't quit" you will have discovered one of the slaves of the coffee importer. Treat such kindly, for they seem absolutely powerless to stop the gradual but sure destruction of body and health.

Nature has a way of destroying a part of the people to make room for the stronger. It is the old law of "the survival of the fittest" at work, and the victims are many.

We repeat the assertion that coffee does harm many people, not all, but an army large enough to appal the investigator and searcher for facts.

The next perversion of the coffee importers and roasters is their statement that Postum Food Coffee is made of roasted peas, beans or corn, and mixed with a low grade of coffee and that it contains no nourishment.

We have previously offered to wager \$100,000.00 with them that their statements are absolutely false.

They have not accepted our wager and they will not.

We will gladly make a present of \$25,000.00 to any roaster or importer of old-fashioned coffee who will accept that wager.

Free inspection of our factories and methods is made by thousands of people each month and the coffee importers themselves are cordially invited. Both Postum and Grape-Nuts are absolutely pure and made exactly as stated.

The formula of Postum and the analysis made by one of the foremost chemists of Boston has been printed on every package for many years and is absolutely accurate.

Now as to the food value of Postum. It contains the parts of the wheat berry which carry the elemental salts such as lime, iron, potash, silica, etc., used by the life forces to rebuild the cellular tissue, and this is particularly true of the phosphate of potash, also found in Grape-Nuts, which combines in the human body with albumen and this combination, together with water, rebuilds the worn out gray matter in the delicate nerve centers all over the body, and throughout the brain and solar plexus.

Ordinary coffee stimulates in an unnatural way, but with many people it slowly and surely destroys and does not rebuild this gray substance so vitally important to the well-being of every human being.

These are eternal facts, proven, well authenticated and known to every prop-

erly educated physician, chemist and food expert.

Please remember we never say ordinary coffee hurts everyone.

Some people use it regularly and seem strong enough to withstand its attacks, but there is misery and disease in store for the man or woman who persists in its use when nature protests, by heart weakness, stomach and bowel troubles, kidney disease, weak eyes, or general nervous prostration. The remedy is obvious. The drug caffeine, contained in all ordinary coffee, must be discontinued absolutely or the disease will continue in spite of any medicine and will grow worse.

It is easy to leave off the old-fashioned coffee by adopting Postum Food Coffee, for in it one finds a pleasing hot breakfast or dinner beverage that has the deep seal brown color, changing to a rich golden brown when good cream is added. When boiled long enough (15 minutes) the flavor is not that of rank Rio coffee but very like the milder, smooth and high grade Java, but entirely lacking the drug effect of ordinary coffee.

Anyone suffering from disorders set up by coffee drinking (and there is an extensive variety) can absolutely depend upon some measure of relief by quitting coffee and using Postum Food Coffee.